

2026-2027 Flu Vaccine Waiver

We would like to be certain that you do not have any medical conditions that would contraindicate the administration of the flu vaccine. If you are pregnant, the flu vaccine is recommended. Also, we wish to avoid any misunderstanding concerning payment for the flu vaccine. Therefore, please read the following information and sign at the bottom of the sheet.

Who should NOT get the injectable flu vaccine:

- Children younger than 6 months of age
- Individuals with severe, life-threatening allergies to any ingredient in a flu vaccine (such as gelatin, antibiotics, or other components, excluding egg proteins)
- Individuals who have had a severe allergic reaction (e.g., anaphylaxis) to a previous dose of a specific flu vaccine is a contraindication to that vaccine; another flu vaccine may still be appropriate.
- A history of Guillain-Barre Syndrome (GBS), a severe paralyzing illness, within 6 weeks of a prior flu vaccine is a precaution for all flu vaccines and warrants a discussion with the doctor.

People who should NOT get the nasal spray flu vaccine:

- Children younger than 2
- Adults 50 years or older
- People with a history of severe allergic reaction to any ingredient of the vaccine or to a previous dose of any flu vaccine
- Children aged 2 through 17 years who are receiving aspirin or salicylate-containing medications
- Children aged 2 through 4 years who have asthma or a history of wheezing in the past 12 months
- Individuals with a weakened immune system (immunosuppression) from any cause
- People who care for severely immunocompromised individuals requiring a protected environment (or avoid contact with them for 7 days after receiving the nasal spray vaccine)
- Individuals without a spleen, or with a non-functioning spleen
- Pregnant women
- Individuals with an active leak between the cerebrospinal fluid and the mouth, nose, ear, or other place within the skull
- Individuals with cochlear implants
- Individuals who have taken flu antiviral drugs within a specific time frame (48 hours for oseltamivir and zanamivir, 5 days for peramivir, and 17 days for baloxavir)

For those with a known Egg Allergy:

All children with egg allergy of any severity can receive influenza vaccine without any additional precautions beyond those recommended for any vaccine.

All parents (and family members who are not Blue Fish patients) receiving the flu vaccine will pay cash prices. If you would like to receive the flu vaccine via your insurance, please arrange for your flu vaccine through your regular doctor.

Cash paying patients: The cost is \$45 for injection or nasal flu mist. If VFC eligible and VFC flu vaccine is in stock, then the cost is \$13.75 for the administration fee.

Medicaid and CHIP: The vaccine is covered by your insurance as long as we have the VFC flu vaccine in stock. If we should run out of VFC stock, you can pay the cash price for the vaccine.

Commercial Insurance: You will need to pay your copay for your insurance. Even if your copay is higher than what we charge our cash paying patients, we are contractually obligated by the insurance carrier to charge you the full copay amount. Insurance companies are firm concerning this matter. We apologize for this inconvenience, but we are contractually obligated to do so. You have the option of receiving the flu vaccine elsewhere such as a grocery store or pharmacy for their cash price (as they are not contracted with your insurance company).

Person receiving Flu Shot: _____

DOB: _____

Signature of Parent: _____

Date: _____

Is this a BLUE FISH Patient? YES NO

Lot #: _____

***Please fill out one flu waiver for each person receiving the vaccine**