

2025-2026 Flu Vaccine Waiver

We would like to be certain that you do not have any medical conditions that would contraindicate the administration of the flu vaccine. If you are pregnant, the flu vaccine is recommended. Also, we wish to avoid any misunderstanding concerning payment for the flu vaccine. Therefore, please read the following information and sign at the bottom of the sheet.

Those who should not receive the injectable flu vaccine:

- Children less than 6 months of age
- Anyone with moderate to severe febrile illness
- Anyone with an active neurological disorder
- Anyone who has had a severe allergic reaction (e.g. anaphylaxis) to a previous dose of any influenza vaccine
- Anyone with a history of Guillain-Barré syndrome
- Also, please let us know if you have a bleeding disorder or are receiving anticoagulant therapy.
- **We recommend all family members 65 years and older see their doctor for the high dose flu vaccine.**

Those who should not receive the intranasal flu vaccine:

- Anyone aged < 2 years or those aged ≥ 50 years
- Adults and children who have lung (including asthma), heart (except high blood pressure), kidney, liver, brain/nerve, blood, or metabolic disorders (including diabetes mellitus)
- Adults and children who have a weak immune system either due to illness or medication (including immunosuppression caused by medications or by HIV)
- Children aged 2 - 4 years whose parents or caregivers report that a health-care provider has told them during the preceding 12 months that their child had wheezing or asthma, or has taken the following medication (i.e. Albuterol, Xopenex, Advair, Flovent, Symbicort, Pulmicort)
- Children and adolescents (aged 6 months--18 years) who are receiving long-term aspirin therapy
- Pregnant women
- Anyone who has had a severe allergic reaction (e.g. anaphylaxis) to a previous dose of any influenza vaccine
- Anyone with a history of Guillain-Barré Syndrome
- Anyone who is or is living with someone who has a weak immune system either due to illness or medication

For those with a known Egg Allergy:

All children with egg allergy of any severity **can receive influenza vaccine** without any additional precautions beyond those recommended for any vaccine.

All parents (and family members who are not Blue Fish patients) receiving the flu vaccine will pay cash prices. If you would like to receive the flu vaccine via your insurance, please arrange for your flu vaccine through your regular doctor.

Cash paying patients: The cost is **\$45** for injection or nasal flu mist. If VFC eligible and VFC flu vaccine is in stock, then the cost is **\$13.75** for the administration fee.

Medicaid and CHIP: The vaccine is covered by your insurance as long as we have the VFC flu vaccine in stock. If we should run out of VFC stock, you can pay the cash price for the vaccine.

Commercial Insurance: You will need to pay your copay for your insurance. Even if your copay is higher than what we charge our cash paying patients, we are contractually obligated by the insurance carrier to charge you the full copay amount. Insurance companies are firm concerning this matter. We apologize for this inconvenience, but we are contractually obligated to do so. You have the option of receiving the flu vaccine elsewhere such as a grocery store or pharmacy for their cash price (as they are not contracted with your insurance company).

We understand that the logistics of the flu shot compensation and supply are rather complex, inconvenient, and illogical. If you feel so led, please contact the vaccine manufacturers or your insurance company to offer helpful suggestions. Please ask any Blue Fish staff for help if you need any clarification of our policies.

Person receiving Flu Shot: _____

DOB: _____

Signature of Parent: _____

Date: _____

Is this a BLUE FISH Patient?

YES

NO

Phone: _____

Lot #: _____

***Please fill out one flu waiver for each person receiving the vaccine**