

### Developmental Milestone Chart\*

<p><b>Birth</b></p> <ul style="list-style-type: none"> <li>• Startle (Moro) reflex</li> <li>• Fixates, esp, on human face</li> <li>• Briefly follows objects</li> <li>• Alert w/ voice or bell</li> <li>• Sleeps 18 hrs</li> </ul>	<p><b>15 Months</b></p> <ul style="list-style-type: none"> <li>• 2-3 words w/ meaning</li> <li>• Understands 1-step command WITHOUT gestures</li> <li>• Indicates wants by pulling/pointing/grunting</li> <li>• Walks well, stoops, recovers can step backwards</li> <li>• Gives and takes an object</li> <li>• Puts block in cup/Takes cube out of cup</li> <li>• Can drink from cup WITHOUT help</li> </ul> <p>RED FLAGS: No words</p>
<p><b>1 Month</b></p> <ul style="list-style-type: none"> <li>• Lift head briefly while prone</li> <li>• Look at object</li> <li>• Random smile</li> </ul>	<p><b>18 Months</b></p> <ul style="list-style-type: none"> <li>• 6 words w/ meaning</li> <li>• Laughs in response to others</li> <li>• Points to indicate wants</li> <li>• Vocalizes and gestures</li> <li>• Points to 1 body part</li> <li>• Tosses ball</li> <li>• Climbs into chair</li> <li>• Self-feeds with spoon (messy)</li> <li>• Stacks 2-3 cubes/blocks</li> <li>• Scribbles</li> </ul> <p>RED FLAGS: No walking, No <b>consistent</b> words</p>
<p><b>2 Month</b></p> <ul style="list-style-type: none"> <li>• Coos (gurgling/ “ooo”/“aah”)</li> <li>• Lifts own head &amp; shoulders</li> <li>• Holds hands open/partially open when awake</li> <li>• 45 degree head lag w/ pull-to-sit by 3mo</li> <li>• Visually tracks from one side to the other</li> <li>• Social smile/smiles back at you</li> </ul> <p>RED FLAGS: Can’t fixate, Poor visual attention</p>	<p><b>24 Months</b></p> <ul style="list-style-type: none"> <li>• 50 words or more, 50% intelligible by strangers</li> <li>• Says “me” and “mine”</li> <li>• Uses 2-word phrases</li> <li>• Understands 2-step commands</li> <li>• Can take off own clothes</li> <li>• Drinks from straw</li> <li>• Self-feeds with spoon (less messy)</li> <li>• Stacks 6 cubes/blocks</li> <li>• Points to 5 body parts; points to named objects</li> <li>• Takes turn to play</li> </ul> <p>RED FLAG: No word combinations</p>
<p><b>4 Month</b></p> <ul style="list-style-type: none"> <li>• Laugh/chuckle/squeal</li> <li>• While on tummy; bears wt on forearms</li> <li>• Rolls front to back</li> <li>• No head lag when pulled to sit</li> <li>• Grasps rattle (but does not shake or reach)</li> <li>• Turns to sound</li> <li>• Anticipates feeding when sees breast/bottle</li> </ul> <p>RED FLAGS: No side to side tracking, Poor head control.</p>	<p><b>30 Months</b></p> <ul style="list-style-type: none"> <li>• Uses 3-4 word phrases, 50% intelligible</li> <li>• Points to 6 body parts</li> <li>• Jumps in place, throws ball overhead</li> <li>• Dresses with help</li> <li>• Copies vertical line</li> </ul>
<p><b>6 Month</b></p> <ul style="list-style-type: none"> <li>• Babbles consonants</li> <li>• High- &amp; low-pitched sounds</li> <li>• Sits using own hands for support</li> <li>• Transfers objects between own hands</li> <li>• Tries to reach objects</li> <li>• Rolls both directions</li> </ul> <p>RED FLAGS: Not turning to sound/voice</p>	<p><b>3 years old</b></p> <ul style="list-style-type: none"> <li>• Uses 3-4 word phrases, 75% intelligible</li> <li>• Stacks 6-8 cubes/blocks</li> <li>• Copies circle</li> <li>• Rides tricycle</li> <li>• Day toilet trained for urine and stool</li> </ul> <p>RED FLAGS: No 3 word phrases, Unintelligible</p>
<p><b>9 Month</b></p> <ul style="list-style-type: none"> <li>• Non-specific” ma-ma, da-da, ba-ba, or ga-ga”</li> <li>• Sits w/o support</li> <li>• Claps hands, bangs 2 blocks</li> <li>• Pull to stand (may start cruising)</li> <li>• Pincer grasp (immature thumb/pointer)</li> <li>• Can hold object in each hand at same time</li> <li>• Peek-a-boo/Pat-a-cake</li> <li>• Can drink from cup if held by other person</li> </ul> <p>RED FLAG: No babbling</p>	<p><b>4 years old</b></p> <ul style="list-style-type: none"> <li>• Most speech clearly intelligible</li> <li>• Stacks 8 blocks/cubes</li> <li>• Copies a cross</li> </ul> <p>RED FLAGS: No peer interaction, trouble w/ stairs</p>
<p><b>12 Month</b></p> <ul style="list-style-type: none"> <li>• Specific “ma-ma or da-da” plus 1 word</li> <li>• Can follow 1-step command WITH gestures</li> <li>• Points, shakes head</li> <li>• Pulls to stand, Takes 1 or more unsteady step(s)</li> <li>• Waves “bye-bye”</li> <li>• Mature pincer grasp</li> <li>• Can drink from cup WITH help</li> <li>• Responds to music</li> <li>• Raises arms to be picked up</li> </ul>	<p><b>5- 6 years old</b></p> <ul style="list-style-type: none"> <li>• Balances on one foot, skips, hops</li> <li>• Prints some letters &amp; numbers,</li> <li>• Knows primary colors, counts to 10</li> </ul>

\*This Developmental Chart is a list of skills that approximately 50% of children are able to perform at each age, it is not a developmental screen. Revised on 12.17.14

Sources: Hagan JF, Shaw JS, Duncan P, eds. 2008. *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents* 3rd Edition; [www.uptodate.com](http://www.uptodate.com); American Board of Pediatrics.