

Medication Dosing Chart – Common OTC Medication

Generic versions of acetaminophen and ibuprofen work well. Brand names of acetaminophen include Tylenol. Brand names of ibuprofen include Motrin and Advil. Weight is a better measure than age in determining medication dosage. Infants' Acetaminophen Concentrated Drops (80mg/0.8mL) are no longer being offered, so please refer to the chart below for new dosages.

NEVER use aspirin in children as it is associated with a dangerous condition known as Reye's Syndrome. For children younger than 6 months, only use Tylenol (also known as acetaminophen) as Ibuprofen is not as safe in children younger than 6 months.

		Infants' Acetaminophen UNCONCENTRATED Drops (brand name: Tylenol)	Children's Acetaminophen Suspension Liquid (brand name: Tylenol)	Children's Acetaminophen Soft Chews Chewable Tablets	Junior Strength Acetaminophen Chewable Tablets
Weight	Age	160mg/5mL	160mg/5mL	80mg each	160mg each
6-12 lbs	0-6 months	1.25mL*	-	-	-
12-17 lbs	6-11 months	2.5mL*	2.5mL*	1 tablet*	-
18-23 lbs	12-23 months	3.75mL*	3.75mL*	1.5 tablets*	-
24-35 lbs	2-3 yrs	5mL*	5mL*	2 tablets*	1 tablet*
36-47 lbs	4-5 yrs	7.5mL*	7.5mL*	3 tablets*	1.5 tablets*
48-59 lbs	6-8 yrs	-	10mL*	4 tablets*	2 tablets*
60-71 lbs	9-10 yrs	-	12.5mL*	5 tablets*	2.5 tablets*
72-95 lbs	11 yrs	-	15mL*	6 tablets*	3 tablets*

		Infants' Ibuprofen Concentrated Drops (brand name: Motrin or Advil)	Children's Ibuprofen Suspension (brand name: Motrin or Advil)	Children's Ibuprofen Chewable Tablets	Junior Strength Ibuprofen Chewable Tablets	Junior Strength Ibuprofen Caplets
Weight	Age	50mg/1.25mL	100mg/5mL	50mg each	100mg each	100mg each
Under 6 months		Not recommended for children under 6 months				
12-17 lbs	6-11 months	1.25mL**	2.5mL**	1 tablet**	-	-
18-23 lbs	12-23 months	1.875mL**	3.75mL**	1.5 tablets**	-	-
24-35 lbs	2-3 yrs	2.5mL**	5mL**	2 tablets**	1 tablet**	1 caplet**
36-47 lbs	4-5 yrs	3.75mL**	7.5mL**	3 tablets**	1.5 tablets**	1.5 caplets**
48-59 lbs	6-8 yrs	-	10mL**	4 tablets**	2 tablets**	2 caplets**
60-71 lbs	9-10 yrs	-	12.5mL**	5 tablets**	2.5 tablets**	2.5 caplets**
72-95 lbs	11 yrs	-	15mL**	6 tablets**	3 tablets**	3 caplets**
> 96 lbs	> 12 yrs	-	-	-	4 tablets**	4 caplets**

*DO NOT TAKE ACETAMINOPHEN MORE THAN 5 TIMES IN 24 HOURS.

**DO NOT TAKE IBUPROFEN MORE THAN 4 TIMES IN 24 HOURS.

*****Concentrated** infant drops (80mg/0.8mL) are no longer offered

Revised 10.6.22

Disclaimer: These guidelines are to help the caretaker with treatment at home. However, if you are ever concerned about your child's health, you should see a physician in person.

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Allergy medication dosing charts

Children's Nasacort (Triamcinolone) and Flonase (Fluticasone) Dosing	
Age	Dose
Under 2 years	Do not use
2 – under 6 years	Once daily, spray 1 time into each nostril while sniffing gently.
6 – under 12 years	Once daily, spray 1 time into each nostril while sniffing gently. Increase to 2 sprays in each nostril per day if allergy symptoms do not improve. Reduce to 1 spray in each nostril per day once symptoms improve.
12 years and older	Once daily, spray 2 times into each nostril while sniffing gently. Reduce to 1 spray in each nostril per day once symptoms improve.

Children's Loratadine/Cetirizine/Levocetirizine (Claritin/Zyrtec/Xyzal) Dosing	
Age	Dose: Liquid (5mg/5mL)
6 months – 12 months	1.25 mL once or twice daily, do not take more than 2.5 mL in 24 hours
1-2 years	2.5 mL once or twice daily, do not take more than 5 mL in 24 hours
2 – 6 years	5 mL once or twice daily, do not take more than 10 mL in 24 hours
6+ years	5 - 10 mL once or twice daily, do not take more than 20 mL in 24 hours

Children's Fexofenadine (Allegra) Dosing	
Age	Dose: Liquid (30mg/5mL)
6 months – 2 years	2.5 mL once or twice daily, do not take more than 5 mL in 24 hours
2 – under 11 years	5 mL once or twice daily, do not take more than 10 mL in 24 hours
12 years and older	10 mL once or twice daily, do not take more than 20 mL in 24 hours

Children's Diphenhydramine HCL (Benadryl) Allergy Dosing (1+ Years Old)*			
Weight (lbs)	Dose: Liquid (12.5 mg/5mL)	Dose: Chewable (12.5 mg)	Dose: Capsule (25mg)
20 – 24 lbs.	3.75 mL every 6 hrs, no more than 15 mL in 24 hrs	N/A	N/A
25 – 37 lbs.	5 mL every 6 hrs, no more than 20 mL in 24 hrs	1 tablet every 6 hrs, no more than 4 tablets in 24 hrs	N/A
38 – 49 lbs.	7.5 mL every 6 hrs, no more than 30 mL in 24 hrs	1½ tablets every 6 hrs, no more than 6 tablets in 24 hrs	N/A
50 – 99 lbs.	10 mL every 6 hrs, no more than 40 mL in 24 hrs	2 tablets every 6 hrs, no more than 8 tablets in 24 hrs	1 capsule every 6 hrs, no more than 4 caps in 24hrs
100+ lbs.	N/A	4 tablets every 6 hrs, no more than 16 tablets in 24 hrs	2 capsules every 6 hrs, no more than 8 caps in 24hrs

***USE OF DIPHENHYDRAMINE (BENADRYL) IS GENERALLY DISCOURAGED, unless otherwise directed by a physician.** Newer allergy medications such as Cetirizine (Zyrtec), Loratadine (Claritin), and Fexofenadine (Allegra) are just as effective, work just as quickly, last longer with less frequent dosing, and are safer with far fewer side effects.

Revised 10.6.22

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