

Student Symptom Decision Tree

If you are fully vaccinated and have exposure to COVID, per the CDC you should be tested 3-5 days after exposure and wear a mask for 14 days or until negative test results.

Low-risk: general symptoms	High-risk: red flag symptoms
<ul style="list-style-type: none"> • Fever ($\geq 100.4^{\circ}\text{F}$) • Congestion/runny nose • Nausea/vomiting/diarrhea 	<ul style="list-style-type: none"> • Sore throat • Headache • Fatigue/muscle or body aches • Cough (new onset affecting quality of life) • Difficulty breathing • Loss of taste/smell

Exposure to COVID-19 positive person?

Close contact: less than 6 feet for a cumulative of 15 minutes or longer over a 24 hour period



Can return to school after 14 days from last contact, unless symptoms develop. For shorter quarantine information click [here](#). If fully vaccinated, SARS-CoV-2 PCR test is recommended 3-5 days after exposure and should wear a mask for 14 days or until negative test results. **If symptoms develop, strongly consider performing SARS-CoV-2 PCR test within 24 hours of symptom onset, and must isolate from the start of symptoms, regardless of vaccine status.**

1. NEGATIVE SARS-CoV-2 PCR test	Return to school after 24 hours fever free (without fever reducing medications) and symptoms improving.
2. POSITIVE* SARS-CoV-2 PCR test	Return to school after a minimum of 10 days AND once symptoms have resolved AND 24 hours fever free (without fever reducing medications). Quarantine close contacts of confirmed cases.

What symptoms?

≥ 2 low risk **OR** 1 High risk

1. Health care provider confirms alternative diagnosis for symptoms. A health care provider's note must be on file. SARS-CoV-2 PCR test not needed.	Return to school after 24 hours fever free (without fever reducing medications) and symptoms improving. Strongly consider a telemedicine or office visit.
2. NEGATIVE SARS-CoV-2 PCR test	Return to school after 24 hours fever free (without fever reducing medications) and symptoms improving.
3. POSITIVE* SARS-CoV-2 PCR test OR No provider visit or test	Return to school after a minimum of 10 days AND once symptoms have resolved AND 24 hours fever free (without fever reducing medications). Quarantine close contacts of confirmed cases. If any questions, contact our office.

1 Low risk

Return to school after 24 hours fever free (without fever reducing medications) and symptoms improving. Consider telemedicine visit.

* If a patient is 12 years or older and their COVID-19 test is positive and any one of the following is true, then a cardiology consult may be warranted prior to returning to competitive sports.

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| 1. 3 or more days of fever of 100.0° or higher or bedrest | 4. Chest pain |
| 2. Persistent fatigue | 5. Palpitations |
| 3. Shortness of breath not related to poor conditioning or return of symptoms with exertion. | 6. Syncope or fainting symptoms |
| | 7. Hospitalization |