BLUE FISH

P E D I A T R I C S
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Wart Treatments for Home

Salicylic Acid (OTC 17% strength like Compound W, Dr Scholl's, etc)

1. LIQUID: Apply from the bottle with the tiny brush supplied, so that a dot of liquid sits on the wart's surface until it turns white. WART STICK: use like chapstick/lipstick and rub a thin layer on the exposed (raised) portion of the wart
2. Cover with a piece of duct tape overnight
3. Remove in morning, can cover with band-aid during day or leave exposed. Repeat until the wart is smaller and eventually disappears

*If Frozen in the office—wait 2-3 days for scab to fall off, then start above salicylic acid and over weeks should be able to peel off layers of dead skin until skin looks normal.

Apple Cider Vinegar Treatment for Warts

1. Pinch off a small piece of cotton to match the size of the wart.
2. Dip cotton into apple cider vinegar and wring out.
3. Place cotton over the wart and cover with duct tape.
4. Repeat overnight for 4-6 weeks.
5. If the area becomes too tender, leave on for 2 hours at a time.
6. Wart should darken and look like a scab.
7. It will peel off at the end of the treatment.

Duct Tape for Warts

Another popular home wart remedy involves applying duct tape to warts.

1. Cover the wart with duct tape for six days (if the duct tape comes off early, simply reapply it to the wart)
2. Next, remove the duct tape, soak the wart with warm water, then use an emery board or pumice stone to remove skin on top of the wart if possible (no need to cause pain)
3. Reapply the duct tape after twenty-four hours and repeat the steps 1 and 2
4. **You may combine this with Salicylic Acid--do that, let it dry, then cover with duct tape overnight while sleeping**

Using the duct tape method for one or two months, some experts report that over 80% of people will find that their warts are gone, with many seeing signs of improvement in just 2 weeks. Many children will prefer colored/decorated duct tape rather than gray (sold at Target, Wal-Mart, etc.)