

Student Symptom Decision Tree

Low-risk: general symptoms	High-risk: red flag symptoms
<ul style="list-style-type: none"> • Fever ($\geq 100.4^{\circ}\text{F}$) • Congestion/runny nose • Nausea/vomiting/diarrhea 	<ul style="list-style-type: none"> • Sore throat • Headache • Fatigue/muscle or body aches • Cough (new onset affecting quality of life) • Difficulty breathing • Loss of taste/smell

Exposure to COVID-19 positive person?

Close contact: less than 6 feet for a cumulative of 15 minutes or longer over a 24 hour period

YES

NO

Can return to school after 14 days from last contact, unless symptoms develop. For shorter quarantine information click [here](#). If symptoms develop, strongly consider performing SARS-CoV-2 PCR test and reevaluate.

What symptoms?

≥ 2 low risk
OR
1 High risk

1 Low risk

Return to school after 24 hours fever free (without fever reducing medications) and symptoms improving. Consider telemedicine visit.

1. Health care provider confirms alternative diagnosis for symptoms. A health care provider's note must be on file. SARS-CoV-2 PCR test not needed.	Return to school after 24 hours fever free (without fever reducing medications) and symptoms improving. Strongly consider a telemedicine or office visit.
2. NEGATIVE SARS-CoV-2 PCR test	Return to school after 24 hours fever free (without fever reducing medications) and symptoms improving.
3. POSITIVE* SARS-CoV-2 PCR test OR No provider visit or test	Return to school after a minimum of 10 days AND once symptoms have resolved AND 24 hours fever free (without fever reducing medications). Quarantine close contacts of confirmed cases. If any questions, contact our office.

* If a patient is 12 years or older and their COVID-19 test is positive and any one of the following is true, then a cardiology consult may be warranted prior to returning to competitive sports.

1. 3 or more days of fever of 100.0 or higher or bedrest
2. Persistent fatigue
3. Shortness of breath not related to poor conditioning or return of symptoms with exertion.
4. Chest pain
5. Palpitations
6. Syncope or fainting symptoms
7. Hospitalization