

If you believe you have come into contact with someone in the community who has been diagnosed with COVID-19 here is how you can determine your risk for contracting the virus.

LOWEST RISK	BRIEFLY WALKING BY A PERSON WHO WAS NOT EXPERIENCING SYMPTOMS.
LOW RISK	BEING IN THE SAME ROOM WITH SOMEONE WHO HAD SYMPTOMS AND WERE MORE THAN SIX FEET APART FOR 15 MINUTES OR LESS.
HIGH RISK	HAD CLOSE CONTACT (WITHIN 6 FEET FOR A TOTAL OF 15 MINUTES OR MORE) EXPOSURE TO A PERSON WITH COVID-19 WHO HAS SYMPTOMS (IN THE PERIOD FROM 2 DAYS BEFORE SYMPTOM ONSET UNTIL THEY MEET CRITERIA FOR DISCONTINUING HOME ISOLATION)
HIGHEST RISK	SHARE THE SAME HOUSEHOLD

This is regardless of whether the person with COVID-19 or the contact was wearing mask or whether the contact was wearing respiratory personal protective equipment.

If you are experiencing symptoms, contact your healthcare provider.

Information about COVID-19 is available at www.cdc.gov and also on our website <https://bluefishmd.com/services/covid-19/>