

# BLUE FISH

P E D I A T R I C S  
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## COVID-19 School Excuse Form

Student Name \_\_\_\_\_

Source: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/symptom-screening.html>

### Symptoms

- Temperature 100.4 degrees Fahrenheit or higher when taken by mouth
- Sore throat
- **New** uncontrolled cough with difficulty breathing (for chronic allergic/asthmatic cough, a change in cough from baseline)
- Diarrhea, vomiting, or abdominal pain
- New onset of severe headache, especially with a fever

### Close Contact/Potential Exposure

- Had close contact (within 6 feet of an infected person for a cumulative of at least 15 minutes or longer over a 24-hour period) with a person with confirmed COVID-19
- Traveled to or lived in an area reporting large numbers of COVID-19 cases as described in the CDC Website
- Live in areas of high community transmission (as described in the CDC Website) while the school remains open

### Return-to-School Policies:

- Scenario 1: Student has symptoms but NO known close contact or exposure to COVID-19.**

Per CDC guidelines, student can return to school when symptoms have resolved and fever free for 24 hours without fever reducing medications. A test is not required to return to school. **Alternative Diagnosis:** \_\_\_\_\_

- Scenario 2: Student has NO symptoms and has had close contact/exposure to COVID-19 but student's presentation DOES NOT warrant a COVID-19 test at this time.**

Per CDC guidelines, student can return to school after 14 days of quarantining at home. Should the student develop symptoms during this quarantine period, they would then require an additional minimum 10 days of isolation at home starting from the onset of symptoms.

- Scenario 3: Student has symptoms and has had close contact/exposure to COVID-19 AND student has tested NEGATIVE.**

Per CDC guidelines, student can return to school once symptoms have resolved and fever free for 24 hours without fever reducing medications. **Alternative Diagnosis:** \_\_\_\_\_

- Scenario 4: Student has symptoms and has had close contact/exposure to COVID-19 AND student has tested POSITIVE.**

Per CDC guidelines, student can return to school after a minimum of 10 days AND once symptoms have resolved AND fever free for 24 hours without fever reducing medications.

- Student can return to full participation in athletics:** \_\_\_\_\_

- Scenario 5: Student has symptoms and has had close contact/exposure to COVID-19 AND test is PENDING or not done.**

Per CDC guidelines, student can return to school after a minimum of 10 days AND once symptoms have resolved AND fever free for 24 hours without fever reducing medications. A test is not required to return to school, however at any time should a test result return NEGATIVE, see scenario 3.

Signed \_\_\_\_\_

Date \_\_\_\_\_