

## Medication Dosing Chart – Common OTC Medication

Generic versions of acetaminophen and ibuprofen work well. Brand names of acetaminophen include Tylenol. Brand names of ibuprofen include Motrin and Advil. Weight is a better measure than age in determining medication dosage. Infants' Acetaminophen Concentrated Drops (80mg/0.8mL) are no longer being offered, so please refer to the chart below for new dosages.

NEVER use aspirin in children as it is associated with a dangerous condition known as Reye's Syndrome. For children younger than 6 months, only use Tylenol (also known as acetaminophen) as Ibuprofen is not as safe in children younger than 6 months.

		Infants' Acetaminophen UNCONCENTRATED Drops (brand name: Tylenol)	Children's Acetaminophen Suspension Liquid (brand name: Tylenol)	Children's Acetaminophen Soft Chews Chewable Tablets	Junior Strength Acetaminophen Chewable Tablets
Weight	Age	160mg/5mL	160mg/5mL	80mg each	160mg each
6-12 lbs	0-6 months	1.25mL*	-	-	-
12-17 lbs	6-11 months	2.5mL*	2.5mL*	1 tablet*	-
18-23 lbs	12-23 months	3.75mL*	3.75mL*	1.5 tablets*	-
24-35 lbs	2-3 yrs	5mL*	5mL*	2 tablets*	1 tablet*
36-47 lbs	4-5 yrs	7.5mL*	7.5mL*	3 tablets*	1.5 tablets*
48-59 lbs	6-8 yrs	-	10mL*	4 tablets*	2 tablets*
60-71 lbs	9-10 yrs	-	12.5mL*	5 tablets*	2.5 tablets*
72-95 lbs	11 yrs	-	15mL*	6 tablets*	3 tablets*

		Infants' Ibuprofen Concentrated Drops (brand name: Motrin or Advil)	Children's Ibuprofen Suspension (brand name: Motrin or Advil)	Children's Ibuprofen Chewable Tablets	Junior Strength Ibuprofen Chewable Tablets	Junior Strength Ibuprofen Caplets
Weight	Age	50mg/1.25mL	100mg/5mL	50mg each	100mg each	100mg each
Under 6 months		Not recommended for children under 6 months				
12-17 lbs	6-11 months	1.25mL**	2.5mL**	1 tablet**	-	-
18-23 lbs	12-23 months	1.875mL**	3.75mL**	1.5 tablets**	-	-
24-35 lbs	2-3 yrs	2.5mL**	5mL**	2 tablets**	1 tablet**	1 caplet**
36-47 lbs	4-5 yrs	3.75mL**	7.5mL**	3 tablets**	1.5 tablets**	1.5 caplets**
48-59 lbs	6-8 yrs	-	10mL**	4 tablets**	2 tablets**	2 caplets**
60-71 lbs	9-10 yrs	-	12.5mL**	5 tablets**	2.5 tablets**	2.5 caplets**
72-95 lbs	11 yrs	-	15mL**	6 tablets**	3 tablets**	3 caplets**
≥ 96 lbs	≥ 12 yrs	-	-	-	4 tablets**	4 caplets**

\*DO NOT TAKE ACETAMINOPHEN MORE THAN 5 TIMES IN 24 HOURS.

\*\*DO NOT TAKE IBUPROFEN MORE THAN 4 TIMES IN 24 HOURS.

\*\*\***Concentrated** infant drops (80mg/0.8mL) are no longer offered

Revised 2.2.2018

Disclaimer: These guidelines are to help the caretaker with treatment at home. However, if you are ever concerned about your child's health, you should see a physician in person.

# BLUE FISH

## P E D I A T R I C S

www.bluefishmd.com

### Allergy medication dosing charts

<b>Children's Nasacort (Triamcinolone) and Flonase (Fluticasone) Dosing</b>	
<b>Age</b>	<b>Dose</b>
Under 2 years	Do not use
2 – under 6 years	Once daily, spray 1 time into each nostril while sniffing gently.
6 – under 12 years	Once daily, spray 1 time into each nostril while sniffing gently. Increase to 2 sprays in each nostril per day if allergy symptoms do not improve. Reduce to 1 spray in each nostril per day once symptoms improve.
12 years and older	Once daily, spray 2 times into each nostril while sniffing gently. Reduce to 1 spray in each nostril per day once symptoms improve.

<b>Children's Loratadine/Cetirizine (Claritin/Zyrtec) Dosing</b>	
<b>Age</b>	<b>Dose</b>
1 – 2 years	2.5 mL daily, do not take more than 5mL in 24 hours
2 – 6 years	2.5 - 5mL daily, do not take more than 5mL in 24 hours
6+ years	5 - 10 mL daily, do not take more than 10mL in 24 hours

<b>Children's Fexofenadine (Allegra) Dosing (30 mg per 5 mL)</b>	
<b>Age</b>	<b>Dose</b>
6 months – 2 yrs	2.5 mL twice daily, do not take more than 5 mL in 24 hours
2 – under 11 yrs	5 mL twice daily, do not take more than 10 mL in 24 hours
12 yrs and older	10 mL twice daily, do not take more than 20 mL in 24 hours

<b>Children's Diphenhydramine HCL (Benadryl) Allergy Dosing (1+ Years Old)</b>			
<b>Weight (lbs)</b>	<b>Dose – Liquid (12.5 mg/5mL)</b>	<b>Dose – Chewable (12.5 mg)</b>	<b>Dose – Capsule (25mg)</b>
20 – 24 lbs.	3.75 mL every 6 hrs, no more than 15 mL in 24 hrs	N/A	N/A
25 – 37 lbs.	5 mL every 6 hrs, no more than 20 mL in 24 hrs	1 tablet every 6 hrs, no more than 4 tablets in 24 hrs	N/A
38 – 49 lbs.	7.5 mL every 6 hrs, no more than 30 mL in 24 hrs	1½ tablets every 6 hrs, no more than 6 tablets in 24 hrs	N/A
50 – 99 lbs.	10 mL every 6 hrs, no more than 40 mL in 24 hrs	2 tablets every 6 hrs, no more than 8 tablets in 24 hrs	1 capsule every 6 hrs, no more than 4 caps in 24hrs
100+ lbs.	N/A	4 tablets every 6 hrs, no more than 16 tablets in 24 hrs	2 capsules every 6 hrs, no more than 8 caps in 24hrs

Revised 2.2.2018

Disclaimer: These guidelines are to help the caretaker with treatment at home. However, if you are ever concerned about your child's health, you should see a physician in person.