

## PEDIATRICS

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## **Medication Dosing Chart – Common OTC Medication**

Generic versions of acetaminophen and ibuprofen work well. Brand names of acetaminophen include Tylenol. Brand names of ibuprofen include Motrin and Advil. Weight is a better measure than age in determining medication dosage. Infants' Acetaminophen Concentrated Drops (80mg/0.8mL) are no longer being offered, so please refer to the chart below for new dosages.

NEVER use aspirin in children as it is associated with a dangerous condition known as Reye's Syndrome. For children younger than 6 months, only use Tylenol (also known as acetaminophen) as Ibuprofen is not as safe in children younger than 6 months.

		Infants' Acetaminophen UNCONCENTRATED Drops (brand name: Tylenol)	Children's Acetaminophen Suspension Liquid (brand name: Tylenol)	Children's Acetaminophen Soft Chews Chewable Tablets	Junior Strength Acetaminophen Chewable Tablets
Weight	Age	160mg/5mL	160mg/5mL	80mg each	160mg each
6-12 lbs	0-6 months	1.25mL*	-	-	-
12-17 lbs	6-11 months	2.5mL*	2.5mL*	1 tablet*	-
18-23 lbs	12-23 months	3.75mL*	3.75mL*	1.5 tablets*	-
24-35 lbs	2-3 yrs	5mL*	5mL*	2 tablets*	1 tablet*
36-47 lbs	4-5 yrs	7.5mL*	7.5mL*	3 tablets*	1.5 tablets*
48-59 lbs	6-8 yrs	-	10mL*	4 tablets*	2 tablets*
60-71 lbs	9-10 yrs	-	12.5mL*	5 tablets*	2.5 tablets*
72-95 lbs	11 yrs	-	15mL*	6 tablets*	3 tablets*

		Infants' Ibuprofen Concentrated Drops (brand name: Motrin or Advil)	Children's Ibuprofen Suspension (brand name: Motrin or Advil)	Children's Ibuprofen Chewable Tablets	Junior Strength Ibuprofen Chewable Tablets	Junior Strength Ibuprofen Caplets	
Weight	Age	50mg/1.25mL	100mg/5mL	50mg each	100mg each	100mg each	
Under 6 months		Not recommended for children under 6 months					
12-17 lbs	6-11 months	1.25mL**	2.5mL**	1 tablet**	-	-	
18-23 lbs	12-23 months	1.875mL**	3.75mL**	1.5 tablets**	-	-	
24-35 lbs	2-3 yrs	2.5mL**	5mL**	2 tablets**	1 tablet**	1 caplet**	
36-47 lbs	4-5 yrs	3.75mL**	7.5mL**	3 tablets**	1.5 tablets**	1.5 caplets**	
48-59 lbs	6-8 yrs	-	10mL**	4 tablets**	2 tablets**	2 caplets**	
60-71 lbs	8-10 yrs	-	12.5mL**	5 tablets**	2.5 tablets**	2.5 caplets**	
72-95 lbs	11 yrs	-	15mL**	6 tablets**	3 tablets**	3 caplets**	
≥ 96 lbs	≥ 12 yrs	-	-	-	4 tablets**	4 caplets**	

<sup>\*</sup>DO NOT TAKE ACETAMINOPHEN MORE THAN 5 TIMES IN 24 HOURS.

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Disclaimer: These guidelines are to help the caretaker with treatment at home. However, if you are ever concerned about your child's health, you should see a physician in person.

<sup>\*\*</sup>DO NOT TAKE IBUPROFEN MORE THAN 4 TIMES IN 24 HOURS.

<sup>\*\*\*</sup>Concentrated infant drops (80mg/0.8mL) are no longer offered



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Children's Loratadine/Cetirizine (Claritin/Zyrtec) Dosing		
Age	Dose	
1 – 2 years	2.5 mL daily, do not take more than 5mL in 24 hours	
2 – 6 years	2.5 - 5mL daily, do not take more than 5mL in 24 hours	
6+ years	5 - 10 mL daily, do not take more than 10mL in 24 hours	

Children's Fexofenadine (Allegra) Dosing (30 mg per 5 mL)		
Age	Dose	
6 months – 2 yrs	2.5 mL twice daily, do not take more than 5 mL in 24 hours	
2 – under 11 yrs	5 mL twice daily, do not take more than 10 mL in 24 hours	
12 yrs and older	10 mL twice daily, do not take more than 20 mL in 24 hours	

Children's Diphenhydramine HCL (Benadryl) Allergy Dosing (1+ Years Old)					
Weight (lbs)	Dose – Liquid (12.5 mg/5mL)	Dose – Chewable (12.5 mg)	Dose – Capsule (25mg)		
20 - 24  lbs.	3.75 mL every 6 hrs, no more than	N/A	N/A		
	15 mL in 24 hrs				
25 - 37 lbs.	5 mL every 6 hrs, no more than	1 tablet every 6 hrs, no more	N/A		
	20 mL in 24 hrs	than 4 tablets in 24 hrs			
38 - 49  lbs.	7.5 mL every 6 hrs, no more than	1½ tablets every 6 hrs, no more	N/A		
	30 mL in 24 hrs	than 6 tablets in 24 hrs			
50 – 99 lbs.	10 mL every 6 hrs, no more than	2 tablets every 6 hrs, no more	1 capsule every 6 hrs, no		
	40 mL in 24 hrs	than 8 tablets in 24 hrs	more than 4 caps in 24hrs		
100+ lbs.	N/A	4 tablets every 6 hrs, no more	2 capsules every 6 hrs, no		
		than 16 tablets in 24 hrs	more than 8 caps in 24hrs		